Humanistic Approaches to Multiculturalism and Diversity

Perspectives on Existence and Difference

Edited by Louis Hoffman, Heatherlyn Cleare-Hoffman, Nathaniel Granger, Jr., and David St. John

"This excellent volume provides new and important perspectives on humanistic approaches to multicultural issues in clinical theory and psychotherapy. The authors embrace the foundations of humanistic psychology and place at the core the humanity and dignity of people. At the same time, they recognize the complex role of historical and ongoing social injustice and sociocultural identity on human experience. The volume expands humanistic psychology toward the inclusion of cultural humility as essential to empathy and connection in the psychotherapeutic relationship. It is an invaluable resource for therapists working with clients of any sociocultural background."

— Usha Tummala-Narra, PhD, associate professor in the Department of Counseling, Development, and Educational Psychology, Boston College, USA

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