Spring Greetings,

I invite you to a very powerful and inspiring workshop with Sherri Mitchell, indigenous rights lawyer, activist and healer on May 26-27 at a beautiful location in Tunbridge, Vermont. **We are holding the size of the workshop to 35, so contact me soon if you are interested.** Contact me with further questions. Here is a detailed description.

― Chris

**Dancing with the Cannibal Giant: A Two-Day Workshop with Sherri Mitchell**

Healing Our Collective Trauma, Reconnecting with Our Spiritual Source, and Unifying Our Movements

**Dates:** Saturday-Sunday, May 26-27, 2018; 9:30 AM-3:30 PM both days

**Location:** Tunbridge, Vermont

**Cost:** $95-$175 sliding scale (no one will be turned away due to cost)

Size will be limited

Program includes light breakfast and lunch both days

Housing: Camping is available in this beautiful setting with pond; nearby housing in the community will be attempted for anyone needing these accommodations.

Description: This two-day workshop will take participants on a journey into Native American mythology and cosmology, as a means of healing our collective wounds and reconnecting with spiritual source. We have all been impacted by histories of violence. The oppressed, the oppressor, and the witness alike bear the wounds of our collective past. Together, we will look at the psychic and spiritual wounds that we all share and learn how we can untangle their hold on our hearts and minds. Participants will be asked to look at the history that led to this traumatization and explore how it continues to impact their lives. We will also learn how to hold sacred space for one another while our trauma is present. In this process, we will learn that there is a safe space for us to occupy together, whole and intact. Then,
we can begin the process of healing our divisions, so that we can go back and claim a new future for all living beings.

After exploring the nature of personal and generational trauma, we will look at the wounds, barriers, and blind spots that prevent us from fully connecting with others, moving forward, and unifying our social movements. Depending on interest and time, during this workshop we will explore:

* How to recognize and understand the impacts of trauma on individuals and in our societies
* How to recognize and heal symptoms of trauma in the body
* How to acknowledge trauma in others
* How to recognize our own wounds, barriers, and blind spots
* How to recognize our own assumptions and judgments
* How to find interest convergence points
* How to be good allies or collaborators
* How to achieve cohesion within our movements – without creating homogeneity

Sherri Mitchell, (We’na Ha’mu’ Kwasset) is a powerful indigenous rights lawyer, Earth rights and peace advocate, who speaks and teaches around the world on issues of Indigenous rights, environmental justice, and spiritual change. Her broad base of knowledge allows her to synthesize many subjects into a cohesive whole, weaving together a multitude of complex issues and articulating them in a way that both satisfies the mind and heals the heart. Her new book, Sacred Instructions: Indigenous Wisdom for Living Spirit-Based Change has just been released.

Sherri was born and raised on the Penobscot Indian reservation (Penawahpskek). She received her Juris Doctorate and a certificate in Indigenous People’s Law and Policy from the University of Arizona’s James E. Rogers College of Law. She is an alumna of the American Indian Ambassador program, and the Udall Native American Congressional Internship program.

Sherri is the Founding Director of the Land Peace Foundation, an organization dedicated to the global protection of Indigenous land and water rights and the preservation of the Indigenous way of life. Prior to forming the Land Peace Foundation, Sherri served as a law clerk to the Solicitor of the United States
Department of Interior; as an Associate with Fredericks, Peebles and Morgan Law Firm; as a civil rights educator for the Maine Attorney General’s Office, and; as the Staff Attorney for the Native American Unit of Pine Tree Legal.

She has been actively involved with Indigenous rights and environmental justice work for more than 25 years. In 2010, she received the Mahoney Dunn International Human Rights and Humanitarian Award, for research into Human Rights violations against Indigenous Peoples. In 2015, she received the Spirit of Maine Award, for commitment and excellence in the field of International Human Rights. In 2016, Sherri’s portrait was added to the esteemed portrait series, *Americans Who Tell the Truth*, by artist Robert Shetterly. And, she is the recipient of the 2017 Hands of Hope Award from the Peace and Justice Center.

Chris Wood
chriswoodvt@gmail.com
802-498-8438