About the Book

Integrated Care for the Traumatized presents a model for the future of behavioral health focused on health care integration and the importance of the Whole-Person Approach (WPA) in guiding the integration. This book applies the WPA integration to the traumatized that enables the reader to learn from experienced trauma practitioners about how to assess and treat trauma in a humanely and compassionately as possible. This approach of expanding the possibilities of behavioral health by centering upon the whole person is an old idea that is reemerging as a modern solution to overspecialized practices. The WPA approach, completed with spirituality, psychology, medicine, social work, and psychiatry, can help students, families, and seasoned professionals to improve and expand their practice with the traumatized in both the individual and community contexts.

Praise for the Book

"Trauma is both universal and deeply personal. Traumatic experiences shatter safety and threaten the body, the mind, and the soul. The outward signs may be similar, but each person and each community responds in profoundly particular ways. This invaluable book transcends conventional thinking and engages traumatized individuals and communities in the creation of sustaining new meanings that help them heal and grow. It is an essential resource."

—Alicia Lieberman
Director, UCSF Child Trauma Research Program
Zuckerberg San Francisco General Hospital

"Integrated Care for the Traumatized: A Whole Person Approach is an innovative text that covers a range of individual and communal interventions using a variety of modalities. A very wise, well-written, and descriptive book that discusses the need for collaboration between providers and agencies. I highly recommend this book."

—Christine A. Courtois
Past President of Division 56, American Psychological Association
Associate Founding Editor, Psychological Trauma: Treatment, Research, Policy, & Practice
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