From: Joseph P Gone

Kamilla Venner, Mark Beitel, and myself (with Michael Constantino as discussant) will participate in this symposium:

Sponsoring Division: 29
Session Type: Symposium
Session Title: Psychotherapy Research in American Indian Community Settings
Your Role: Chair
Presentation Title:
Date & Time: Fri 8/9/2019 12:00 PM - 12:50 PM
Location: McCormick Place Room W179a
Capacity: 276

Here is the symposium description: "Persistent mental health inequities have been documented for American Indian populations for decades, especially in the domains of trauma, addiction, and suicide. As a result, nearly all reservations in the United States--as well as dozens of urban Indian communities--now feature access to mental health professionals through behavioral health clinics funded by the U.S. federal Indian Health Service. And yet, psychotherapy research on processes and outcomes for clinical treatments in these communities remains extremely limited. In this symposium, three independent research projects will be described to better appreciate the opportunities and challenges associated with clinic-based therapeutic interventions and services in support of American Indian recovery and well-being. First, Venner will draw lessons from her design and evaluation of a randomized controlled trial comparing culturally-adapted, evidence-based treatments with treatment-as-usual for disordered alcohol use in a Southwestern tribal community treatment center. Second, Beitel will report findings from a successful survey of mental health clinicians in three urban American Indian behavioral health clinics about their practice of psychotherapy with these clients. Third, Gone will consider the psychotherapeutic elements of an alternative, clinic-based Indigenous spirituality program that sought to promote therapeutic benefit through traditional sacred practices rather than conventional psychotherapy proper. Finally, our discussant will comment and facilitate audience exchange about the implications of these American Indian community projects for psychotherapy researchers more generally, with an eye toward improving clinical services for the advancement of Indigenous well-being."
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