Ilene A. Serlin, Ph.D, BC-DMT is a licensed psychologist and registered dance/movement therapist in practice in San Francisco and Marin county. She is the past president of the San Francisco Psychological Association, a Fellow of the American Psychological Association, past-president of the Division of Humanistic Psychology. Ilene Serlin is Associated Distinguished Professor of Psychology at the California Institute of Integral Studies, has taught at Saybrook University, Lesley University, UCLA, the NY Gestalt Institute and the C.G. Jung Institute in Zurich. She is the editor of Whole Person Healthcare (2007, 3 vol., Praeger), over 100 chapters and articles on body, art and psychotherapy, and is on the editorial boards of PsycCritiques, the American Dance Therapy Journal, the Journal of Humanistic Psychology, Arts & Health: An International Journal of Research, Policy and Practice, Journal of Applied Arts and Health, and The Humanistic Psychologist. In 2019, she received the Rollo May award from APA’s Society for Humanistic Studies, and the California Psychological Association Distinguished Humanitarian Contribution award.

“Also, I have been thinking a lot about what cultures means to me, and discovering all sorts of layers of meaning. I thought you might enjoy this little piece I wrote about how, for me, folk dance connects me back to my roots in the old country (Ukraine and Poland), and how that connection supports my life as a dance therapist/psychologist. The importance of knowing one’s roots and making sense of all the transitions....”

Dance Therapist Travels in Russia.pdf